

Newsletter

Issue 1 2008

International Nurses Day

International Nurses Day (IND) on May 12th is a day dedicated to recognise the importance and achievements of nurses around the world. International Nurses day was initiated by the International Council of Nurses (ICN) in 1974. This year, IND will focus on 'Delivering Quality, Serving Communities: Nurses Leading Primary Health Care'.

In the ICN Code of Ethics for Nurses (2006) believes that "Nurses have four fundamental responsibilities: to promote health, to prevent illness, to restore health and to alleviate suffering."

Today, nurses face more challenges than ever before, ranging from increasing shortages to unhealthy work environments. The nursing crisis is a complex and multi-faceted issue and can result in the alienation and weakening performance of our nurses.

With this year focusing on the leadership skills of our nurses, the ICN forecasts that the future of nursing will unite nursing professionals to their communities to provide better health care. This is not only dependent upon organised nursing at international and national levels, but also involves the commitment of individual nurses to take action. For instance, the ICN is encouraging nurses to participate in their community and undertake research in local health environments to increase the recognition of nursing professionals as primary health care providers.

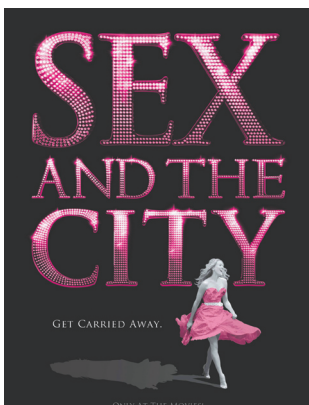
Austra Health strives to adhere to the ICN's definition of nursing through its facilitation of training, commitment to a safe work environment, and providing nurses where their skills are most needed. Nurses are the links between individuals, families, and communities, working to prevent illness and promote health in all sectors of life.

"Our mission is to lead societies toward better health. Working together ... we harness the knowledge and enthusiasm of the entire nursing profession to promote healthy lifestyles, healthy workplaces, and healthy communities." (From ICN Vision Statement 2007)

For more information on International Nurses Day please visit www.inc.ch/indkit.htm

Upcoming Movie Night

Victoria and New South Wales



It's time to catch up with New York's most fabulous foursome for the Sex and the City Movie Premiere

Austra Health invites you and a fellow nurse to the Sex in the City Movie Premier on Thursday, June 5 at the Greater Union Cinema.

Find out what Carrie's thinking, Charlotte's planning, Samantha's plotting, Miranda's fussing about, and most importantly, what they're wearing.

It's the most talked about movie of 2008 and only Austra Health has the theatre booked just for you. Spaces are limited, so be sure to secure your seat as soon as possible.

Can't wait to see you there!



Team Message

Hello all!

The Austra Health team would like to wish you a Happy International Nurses Day! Thank you for all your hard work and commitment.

There are a few updates to the Austra Health team. Jen Bavdek will be going on maternity leave soon. Kate Mummery will replace her as Recruitment Consultant for the Middle East and will no longer be doing payroll for Austra Health nurses. For pay queries, please call an Austra Health consultant.

Public Holidays

Victoria, NSW, QLD, SA: 11 June, Queen's Birthday

Reminders

Please remember to contact the Austra Health team to advise them of your availability. Time sheets must be sent in by 12pm every Monday in order for your pay to be processed. Please complete the Workpro Module 11 by the end of May. Once completed, send in your PIN number and CIN for verification.

BSL

As a mandatory competency, all nurses must be proficient with their Basic Life Support and this requires an annual update. If you have not done your BLS in the past 12 months please call Austra Health to schedule a time.

Timesheet reminders - Remember!

To help us pay you accurately and on time, make sure:

- » Your timesheet is signed by your Supervisor
- » Normal, Time 1/2 and Double Hours are written in the appropriate box
- » Completed timesheets are submitted by 10:00am Monday

If you have any questions, please contact your Recruitment Consultant.

Nurse Recognition Award

The Nurse Recognition Award goes to **Gemma Bourke!!** Gemma has been working for Austra Health just over 12 months. Gemma is a highly skilled nurse who is reliable, professional and hardworking. She is flexible, especially during the quieter times and is a loyal employee.

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