

Check up from the neck up

It has been a year of challenges for businesses and individuals in more ways than one and it is now time to relax and smell the roses and recharge the batteries for 2010.

From the team at Bridge we wish you all a wonderful Christmas and thank you for your business over the last twelve months. We also extend our best wishes for a very happy and prosperous new year.

Over the years I have accumulated favorite phrases or quotes that help me lift my spirits and regain perspective. I don't know many people that don't have "***a bad hair day***" every now and then or as I sometimes say are "***in need of a check up from the neck up***". So I have put some attitude adjusters that have worked for me and are within my daily arsenal. After all if you don't know what you stand for, you could fall for anything!

It's so simple to be wise. Just think of something stupid to say and then don't say it. *Sam Levenson*

Don't take yourself too seriously because then you cannot take what you do seriously enough - *unknown*

There are no secrets to success. It is the result of preparation, hard work, and learning from failure. - *Colin Powell*

Definition of insanity – keep doing what you are doing and expect a different result - *unknown*

The most important persuasion tool you have in your entire arsenal is integrity.- *Zig Ziglar*

Coming together is the beginning. Keeping together is progress. Working together is success. Don't find fault, find a remedy.

Lead your life so you won't be ashamed to sell the family parrot to the town gossip. - *Anonymous*